

# Seachem Planted Aquarium Dosing Calendar

DAY OF WEEK	Product	Dose
DAY 1	Flourish	1 capful (5 ml) for 60 US gallon (250L)
	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Phosphorus	½ cap (2.5 ml) for 20 US gallon (80L)
	Flourish Nitrogen	½ cap (2.5ml) for 40 US gallon (160L)
Day 2	Flourish Advance	1 capful (5ml) for 20 US gallons (80L)
	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Iron	1 capful (5 ml) for 50 US gallon (200L)
Day 3	Flourish Potassium	1 capful (5 ml) for 30 us gallon (125 L)
	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Iron	1 capful (5 ml) for 50 US gallon (200L)
	Flourish Trace	1 capful (5 ml) for 20 gallon (80 L)
Day 4	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Phosphorus	½ cap (2.5 ml) for 20 US gallon (80L)
	Flourish Nitrogen	½ cap (2.5ml) for 40 US gallon (160L)
	Flourish Trace	1 capful (5 ml) for 20 gallon (80 L)
Day 5	Flourish Potassium	1 capful (5 ml) for 30 us gallon (125 L)
	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Iron	1 capful (5 ml) for 50 US gallon (200L)
	Flourish	1 capful (5 ml) for 60 US gallon (250L)
Day 6	Flourish Excel	1 capful (5 ml) for 10 US gallon (40L)
	Flourish Iron	1 capful (5 ml) for 50 US gallon (200L)
	Flourish Advance	1 capful (5ml) for 20 US gallons (80L)
Day 7	Equilibrium	Restore & Maintains mineral balance &GH

\*\* Over dosing may results Algae in aquarium.



# 5

# MINI GUIDE: FRESHWATER NUTRIENT DEFICIENCIES

BY: [AQUATHUSIAST](#)

## Iron

New growth is yellow and white.  
Old growth will appear normal

## Calcium

Stunted growth and  
misshapen leaves

*New Growth*  
*Old Growth*

## Manganese

Spots and holes

## Nitrogen

Old growth yellow and wilted  
New growth light green

## Potassium

Yellowing of the  
tips and edges

## Magnesium

Dark veins  
Light leaves

## Phosphate

Loss of leaves  
Darker hue

## CO<sub>2</sub>

Leaves die  
Stunted growth

